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Iowa State Daily

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ISU coach Kevin Jackson to step down at end of season

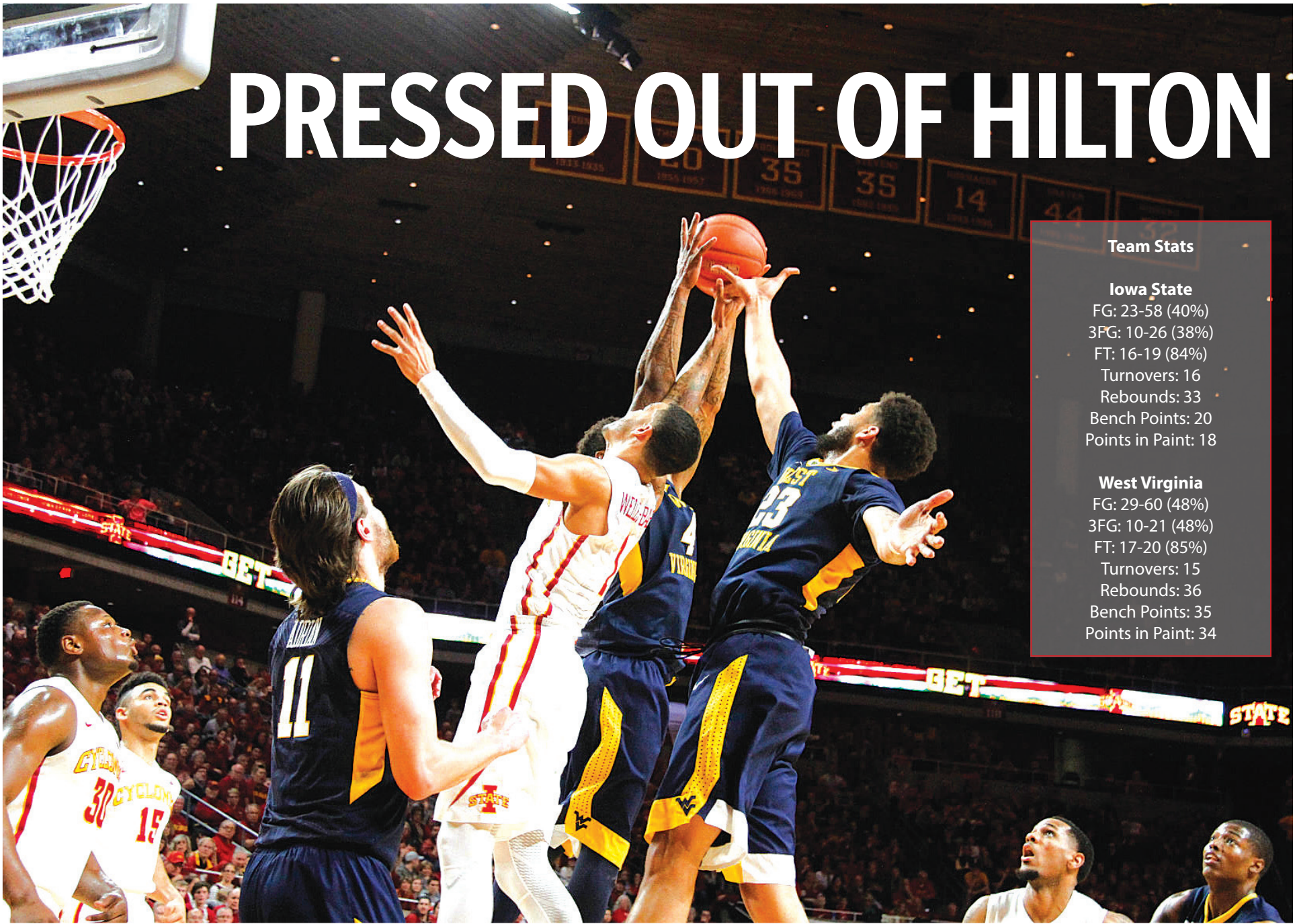
By Ben.Visser
@iowastatedaily.com

Iowa State head wrestling coach Kevin Jackson is stepping down at the end of the season, Iowa State announced Tuesday. The Cyclones are a disappointing 1-9 so far this season, including 1-5 in the Big 12. Jackson had just over a year left on his contract. Athletic Director Jamie Pollard said he'll explore potential roles on campus or in the athletics department beyond his

current contract's end. "Iowa State has a great wrestling tradition and everyone involved with the program has very high expectations," Jackson said in a press release. "We have not consistently met those expectations recently, which has been disappointing to me, my staff, our current and former wrestlers, the wrestling donors and our fans. "I feel that a number of wrestlers on our team have the potential for strong tournament runs and making this announcement now relieves some pressures

and uncertainties for our current student-athletes as well as for incoming recruits." Iowa State returned three All-Americans from last year's roster, and the Cyclones were ranked in the top 15 before the season started. They started off the season a disappointing 1-3, including losses to South Dakota State, North Dakota State and Wyoming. Recently, Iowa State lost to Oklahoma and Oklahoma State. The Oklahoma State loss was the worst home loss in school history.

"Kevin has worked tirelessly at Iowa State to develop a first-rate program on and off the mat and we are appreciative of those efforts," Pollard said. "He is a man of great integrity, a terrific ambassador for the Cyclones and a talented coach but we agreed that our program isn't performing at the level we expect. "I truly appreciate the way Kevin has handled this situation by putting his student-athletes and Iowa State University first. His decision to step away from coaching at the end of the season is a great example of his selfless leadership."



Iowa State guard Nick Weiler-Babb goes up for a rebound with two West Virginia players on Tuesday at Hilton Coliseum. No. 7 West Virginia beat Iowa State 85-72, handing the Cyclones their second straight loss. Max Goldberg/Iowa State Daily

Iowa State falls 85-72 to No. 7 West Virginia

By Ryan.Young
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The Cyclones were right with West Virginia at halftime Tuesday night at Hilton Coliseum. Heading into the locker room, they were down just four. Looking at how the Cyclones started the game — falling into a 12 point hole and committing five turnovers in the first seven minutes — they probably shouldn't have. Iowa State was out-rebounded in the first half, committed

10 turnovers and allowed the Mountaineers to grab half of its points inside the lane. Yet down the stretch, Bob Huggins and company proved to be too much for the Cyclones to handle. No. 7 West Virginia (19-4, 7-3 Big 12) beat Iowa State (13-8, 4-4 Big 12) 85-72, handing the Cyclones its second straight loss. And while the box score doesn't show it, Iowa State wasn't too far behind the Mountaineers in the first half. The Cyclones shot 56.5 percent from the field in the opening period, and were led by Matt Thomas' 13 points — nine of which came from behind the arc. "Obviously we didn't get off to a great start, but I think we took their first punch and

responded really, really well," Prohm said. "When you really break down the first half, we go in the locker room [down] four, they had three banked threes and Adrian hit a floater, that's 11 points. Now they all count, but I thought we matched their toughness defensively. We scored 40. We were making shots and playing really well." Early in the second half, though, the Cyclones couldn't buy a bucket. They went on a stretch hitting just one of nine buckets from the field — and ended up shooting just 28.6 percent that half. Yet Iowa State was still within just six points with nine minutes left in the game. It was soon there after that West Virginia went on a 9-0 run to give it a 15-point lead.

From there, the Mountaineers rode out Iowa State's last effort to mount a comeback and won the free throw battle late in the game — something West Virginia coach Bob Huggins said is the main reason his team held on to the lead. "Well from what I understand that's the history of this building. Leads go away," Huggins said. "We made free throws. If we were at the free throw line and missed free throws, things would have got close again. We were fortunate enough to be at the free throw line, and 17-of-20 is pretty good." West Virginia, who runs a hectic full-court press that causes many teams issues, caused Iowa State to speed up its pace of play throughout the

entire game. And while Thomas insisted Fatigue wasn't a factor in Tuesday's loss, Deonte Burton — who finished with 11 points and 10 assists — said the faster play caused issues on the offensive end. "As soon as we passed half court, we sped up," Burton said. "If we slowed down, we would have had a better outcome." Iowa State will turn around to take on No. 3 Kansas on Saturday in Lawrence, Kansas, and will likely face many of the same issues it did against West Virginia. Burton's answer for what went wrong Tuesday, though, was simple. "We weren't getting shots," Burton said. "We need to rebound more and [commit less] turnovers."

Lecturer emphasizes dangers of assumptions at diversity session

By Leslie.Espinoza
@iowastatedaily.com

Walking your neighbor home: a simple concept of getting to know others before passing judgment echoed in the minds of attendees at a diversity session Tuesday. The World is All Around Us was an interactive session on diversity led by Lee Mun Wah, an international Chinese-American educator who emphasized the dangers of assumptions and standing up for the mistreated. "Unless you stand up and fight for them you'll lose them one by one, and that's why you're doing this session," Wah said. "Don't wait for another president, and don't wait for another Martin Luther King because there won't be one." In addition to being an educator, Lee is also

a documentary filmmaker, author and poet. He worked as a high school resource specialist and consulted for public and private institutions on severe learning and behavioral issues for more than 25 years. He later became the founder and executive director of StirFry Seminars and Consulting, a company that focuses on diversity training and provides educational tools for cross-cultural communication. "In a time right now where our world, our nation, is so divided, we need to figure out how we can work together," Shawn Williams, community member, said. He hoped to gain new information on how he can contribute to his community by attending Lee's session.



Lee Mun Wah began his interactive session on diversity Tuesday by walking silently around the room. Katlyn Campbell/Iowa State Daily

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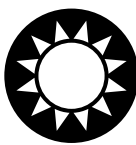
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WEATHER



WEDNESDAY
Mostly cloudy

30
13

Weather provided by the National Weather Service

POLICE BLOTTER

The information in the log comes from the ISU and City of Ames police departments' records.

All those accused of violating the law are innocent until proven guilty in a court of law.

Jan. 30

Building at 11:25 a.m.

An officer checked on the welfare of an individual at 116 University Village at 1:28 a.m.

An individual reported the theft of clothing at UV Laundry at 9:08 p.m.

An officer initiated a drug related investigation at Armory

CALENDAR

Feb. 1

February Craft of the Month: Hometown Love String Art: All day at the Workspace at the Iowa State Memorial Union. Hammer nails into a board in the shape of your state, pinpoint your hometown and add a string pattern. Lots of ways to personalize for someone special before Valentine's Day or for any special occasion. Cost: \$8.

Career Fair: Agriculture and Life Sciences Career Day: More than 100 companies are scheduled to attend. The event is from 10 a.m. to 2 p.m. in the Great Hall, Memorial Union.

Retirement reception: Cheryl Maurer: Cheryl Maurer, a clerk in ISU Dining administration, is retiring Feb. 1 after 27 years of service to Iowa State. The event is from 2 p.m. to 4 p.m. at Union Drive Marketplace mezzanine.

Belly Dance Class: 5:45 p.m. to 6:45 p.m. at The Workspace. Ditch the gym and get your steps in with Shiara at Belly Dance! This beautiful art form is great exercise, improves your posture and more importantly, tons of fun.

Women's basketball: 7 p.m. at Hilton Coliseum. Iowa State vs. Baylor. Cost: \$5-\$12

Concert: Aaron Carter, Nikki's Wives: 8 p.m. at the M-Shop, Memorial Union. Aaron Carter became an international pop sensation at the age of 10 and went on to release several hit singles and multiplatinum albums as well as appear in film, television and on Broadway. Carter recently finished a successful North American tour performing songs he made famous during the past 15 years. He is currently recording a new album and preparing for his

next tour. Cost: \$15 students, \$20 public, \$65-\$70 VIP meet and greet.

Feb. 2

Meeting: Professional and Scientific Council: 2:10 p.m. to 4 p.m. at Gallery, Memorial Union. The P&S Council is a representative body elected by, and responsible to, Professional and Scientific employees at Iowa State University. Meetings are open to the public.

Cyclone Club Luncheon: 12 p.m. to 1 p.m. at the Alumni Center, Reiman Ballroom. The event is emceed by Voice of the Cyclones John Walters. Luncheons are open to the public. An optional lunch, catered by Hy-Vee, is available. Doors open at 11:30 a.m. Cost: \$12 for optional lunch.

Retirement reception: Ila Haugen: 2 p.m. to 4 p.m. at 301 Spedding Hall. Ila Haugen is retiring after 40 years of service on campus, including 19 years as budget officer for the Ames Lab.

Information session: Annual Undergraduate Research Symposium: 3 p.m. to 4 p.m. at 127 Curtiss. Undergraduates interested in showcasing their research at the Annual Undergraduate Research Symposium on April 11 can learn about the process.

Reception and talk: "Earth as Art": 5 p.m. to 8 p.m. at Design on Main Gallery, 203 Main St., Ames. A fusion of art and science, the exhibition features stunningly beautiful images of the planet that also provide a platform to teach about satellite imagery and geography. Exhibit curator Brent Yantis will host a gallery talk at 6:30 p.m.

All events and descriptions courtesy of events.iastate.edu.



Shannon Michele comments on the craft her son Dominic Michele, middle, works on at a past Workshop event.

Craft of the month

By Ashley.Hannen
@iowastatedaily.com

The Workshop is offering hometown love string art as its craft of the month for February.

The craft is offered anytime during its open hours, 2 p.m. to 10 p.m. Monday through Friday and 10 a.m. to 4 p.m. Saturday, in February.

The craft has creators create the outline of their

state in nails hammered to a board with a heart around their hometown before adding string.

The craft costs \$8 and is open to anyone including those under 16 if they are accompanied by an adult.



Pop musician Aaron Carter will perform Wednesday at the Maintenance Shop.

Aaron Carter at M-Shop

By Thomas.Shreve
@iowastatedaily.com

Pop musician Aaron Carter will perform at 8 p.m. Wednesday at the Maintenance Shop.

The show will be opened by indie band Nikki's Wives.

Tickets are open to the public at \$20. Additionally, VIP meet and greet tickets are available for \$70.

Aaron Carter is primarily known for his pre-teen fame, when he released hits such as "I

Want Candy," "That's How I Beat Shaq" and "Aaron's Party (Come and Get It)."

More recently, Carter has released two singles from his upcoming album, LOVE, including "Fool's Gold."

Carter got his start at age 7, performing with his brother, Nick Carter, and Nick's band, the Backstreet Boys.

He quickly rose to fame with his debut, self-titled album, along with television and movie appearances.

From 1997 to 2002, he

released four original albums before disappearing from the limelight for a few years.

In 2009, he re-emerged as a contestant on "Dancing With The Stars." He then released the single "Dance With Me," featuring Flo Rida, in hopes of re-energizing his music career.

In 2013, Carter began the "After Party Tour," which was set to feature new music.

Soon after, he announced his new album, LOVE, which is to be released next month.

CALS to host spring career fair

By Ally.Frickel
@iowastatedaily.com

The College of Agriculture and Life Sciences (CALS) will host its spring career fair from 10 a.m. to 2 p.m. Wednesday in the Great Hall of the Memorial

Union.

According to the CALS Career Services website, about a hundred companies plan to join the fair, including Apex Life Sciences, Land O' Lakes Inc., USDA-Food Safety and Inspection Service and USDA-Natural Resources Conservation

Service - Iowa.

CALS recommends that students, alumni and industry recruiters attend the fair.

If other employers would like more information, they can contact Mike Gaul at 515-294-4725 or mikegaul@iastate.edu.

DIGITAL CONTENT

NEWS

LEATH INTERVIEW WITH ISD

The Iowa State Daily will be interviewing Iowa State President Steven Leath Wednesday at 2:30 p.m. Watch the video live on our Facebook.

LIMELIGHT

AARON CARTER PREVIEW: M-SHOP

Go online at iowastatedaily.com or on ur app for a timeline of Aaron Carter's career preview ahead of his concer Wednesday night.

MULTIMEDIA

WEST VIRGINIA VS. IOWA STATE

The Iowa State men's basketball team faced off against West Virginia Tuesday night. Find our photo gallery of the game online at iowastatedaily.com.

SPORTS

KEVIN JACKSON STEPS DOWN

Head wrestling coach Kevin Jackson stepped down Tuesday afternoon. Go online at iowastatedaily.com or on our app to see his top accomplishments.

SPORTS

WOMEN'S BASKETBALL GAME

Follow @A_Mar32 and @tylerjulson on Twitter for updates from the women's basketball game at Hilton Coliseum at 7 p.m. on Wednesday, Feb. 1.

MULTIMEDIA

BLACK HISTORY MONTH VIDEOS

The Iowa State Daily is launching a month-long video series detailing why Black History Month is important to students, faculty, staff and members of the Iowa State community and how it impacts them. Find our videos online everyday at @isdphoto and @iowastatedaily or on our website at iowastatedaily.com and app.

CORRECTIONS

The article "Former counseling director resided after settlement" has been updated to reflect that Thomas Hill referred to Terry Mason as unethical, instead of the other way around as was originally published in the print edition of Jan. 31, 2017. The Iowa State Daily regrets this error.

The Iowa State Daily welcomes comments and suggestions or complaints about errors that warrant correction. To submit a correction, please contact our editor at 515-294-5688 or via email at editor@iowastatedaily.com.

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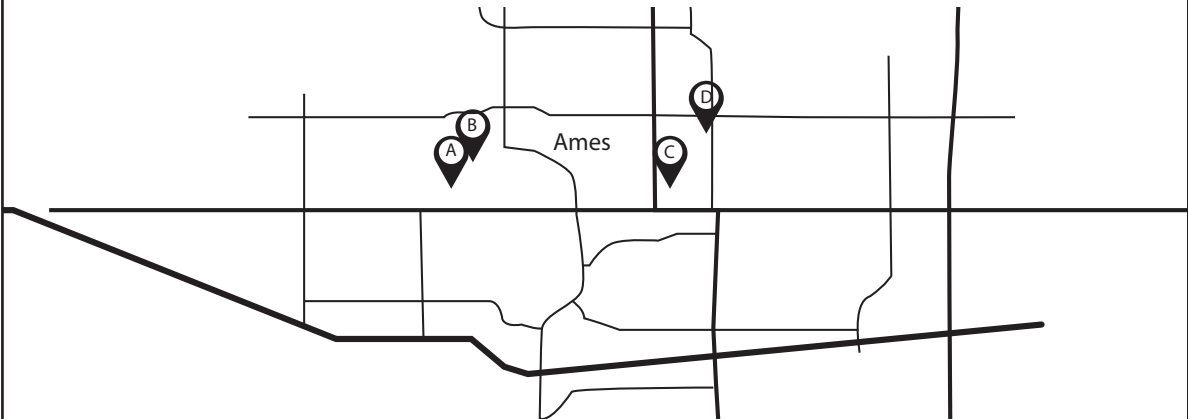
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The Publication Board meets at 5:15 p.m. on the fourth Wednesday of the month during the academic school year.

IN THIS TOGETHER
AN IOWA STATE DAILY SERIES
PART 2
EDUCATION

SART: Always there,
always ready



A: Thielen Student Health Center
B: Iowa State University Department of Public Health
C: Ames Police Department
D: Mary Greeley Medical Center

By Jake.Dalbey
@iowastatedaily.com

As distant as it appeared on television, Mia Mayland never considered it possible to be a victim of sexual assault. A consistent crime in shows like “Law and Order” — a favorite with the senior in child and family services — Mayland’s reality soon became just like the characters seen on the silver screen. “We had been dating for a bit but broke up, and I didn’t like the way we had ended things,” May-

land, senior in child, adult and family services, said. “We were in Helser Hall together hanging out and drinking a bit. [...] I eventually went to my room and he came with, and that’s where he sexually assaulted me.” Mayland described the feeling after the assault as “freezing,” in that she felt numb to the world and those around her. Sitting with her best friend, Mayland sat for hours contemplating her options as well as trying to make sense of the occurrence. It was with the support of her friends at Iowa State that May-

land eventually went to see the ACCESS sexual assault team, finding helpful resources within nearly a dozen individual agencies that make up the Story County Sexual Assault Response Team (SART). Not a single entity but rather a conglomerate of different teams and members, SART works in many ways to provide the tools needed to educate students and provide services to those who have been affected by sexual assaults. Consisting of health centers, attorney’s offices and the ACCESS

center, help for students often starts with contact to one of the six police departments within the county. Anthony Greiter, officer for the ISU Police Department and community outreach member, stressed that every student who comes to the station is treated as an individual. Though a checklist walks victims through their many recovery and legal options, it is up to the person to decide how much help is needed. “Everyone’s experiences are a little different, with different situations and different stages of

recovery,” Greiter said. “Because we are so victim-centered, it’s my goal to give them all of the control.” Control is a key aspect to much of SART, as victim confidentiality is enforced at nearly every turn of an assault report. A reporter can give as little information as their name and a location or go as far as seeking medical attention immediately. By staying victim-centered, those who have been assaulted can progress through coping as

ASSAULT p8



Katlyn Campbell/Iowa State Daily
A Boy Scout bear crawls toward a bucket of clothing during an activity conducted by the Iowa State Army ROTC staff at the 30th Winter Survival Training event Saturday in the Armory.

Boy Scouts learn winter survival
techniques from Army ROTC

By Tristan.Wade
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Nearly 300 Boy Scouts, ranging in ages from 10 to 18, packed the Armory at Iowa State Saturday morning as they awaited to learn winter survival techniques from Army ROTC cadets. The scouts participated in six different stations, learning all they could about how to survive in case they ever find themselves in winter conditions. Three stations were set up inside, and three outside, with an Iowa State cadet leading each one, Lt. Col. Ethan Dial explained. The three inside were land navigation, first aid and hygiene and energy conservation. The three outside focused on shelter, food and water procurement and fire. “Our intent was to meet with Boy Scouts from all over Iowa and train them on winter and wilderness survival tactics and introduce them to Iowa State and ROTC,” said Matt Kelly, Army cadet. Kelly was the cadet who oversaw the event. Kelly was an Eagle Scout and participated in the same event at Iowa State a few years ago.

His exposure to the college and ROTC had an impact on his decisions to be where he is now, and he hoped some scouts reaped the same benefits. The training event served as a learning experience for the cadets involved as well. “It is a 100 percent cadet-led event,” Dial said. “[Cadets] treat it like a military operation, the same principles apply.” Cadets are able to use the experience as an application of the leadership skills they are taught every day. For some, it is one of the first times they are able to use those skills in the real world. “As a sophomore, I haven’t got a lot of opportunities for leadership positions, so just being in front and having to delegate, it built my confidence a lot,” said Amanda Pennock, the cadet who led the hygiene and energy conservation class. As the cadet in charge, Kelly was able to try and shape the training event’s mission through talking to the cadets who were helping out. Kelly said one of his biggest goals for the day was to “be more than just a class.” He wanted the cadets to engage with the scouts and connect on a personal level. Pennock made sure to do this in her class. She engaged with the scouts, “got to

SCOUTS p4



Courtesy of Jack Block
Jack Block graduated from Iowa State in 1979. He now spends time researching different cattle farming methods.

Alumnus’ research unveils
better cattle farming methods

By Jake.Dalbey
@iowastatedaily.com

Sprawling volcanic mountain landscapes, endless beaches and a home to hundreds of hatching penguins. These are some of the many characteristics that define the land of Tasmania, an island located off the coast of Australia. It is an area mostly untouched by the hustle and bustle of modern living. The island state, however, may soon become more popularly known for a product recognized by many Iowans — the raising and butchering of cattle. Though not nationally known, one Iowa State alumnus claimed that ventures to the land down under have revealed a new method of cattle raising not yet embraced by Western farmers and consumer palettes. Jack Block, a 1979 Iowa State graduate, has traveled the world as a food salesman, helping businesses grow their products and gaining consumer trust. Recently returning from Tasmania on a business trip, Block was introduced to a new concept of farming and meat inspection that he hopes will catch on in the United States. Unlike many of the cattle farms in the Midwest, where animals are kept in tight pens and unable to move freely, Block

said cattle in Tasmania roam freely across hundreds of acres of farmland. This freedom, combined with the low temperatures of Tasmania — consistently ranging from 40 to 75 degrees year-round — create what Block called the most consistent grass-fed beef in the world. “When I asked the rancher in Tasmania what differentiated grass-fed beef here from say beef in Alabama or Kentucky, he told me, ‘They just aren’t consistent,’” Block said. Block said consistency is the main source for the high-quality beef. Because of Tasmania’s rigorous meat grading system, one that is similar to America’s grain-fed beef system but not as complex, meat is able to constantly remain at a high standard. The system takes into account meat and rib color, ossification levels and pH balances to create an organic product that is free of hormones. “When I show my friends back home the pictures of the fat found within the Tasmanian grass-fed steaks, they can’t believe the white color,” Block said. “That’s how you know you have good meat, when the fat is that bright, and the marbling is just beautiful.” Block recalled his time in the country, citing the unusually high happiness of the

CATTLE p4

Sudoku *by the Mephram Group*

				9		5		3
		5				7		
4			7				2	6
	2		1		9			8
3			4				6	2
2	8				3			5
		3				6		
5		9						

LEVEL:
1 2 3 4

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

Crossword

1	2	3	4		5	6	7	8		9	10	11	12	
13					14					15				16
17					18					19				
20				21			22			23			24	
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29	30	31		32			33							
34			35							36		37	38	39
40					41			42	43		44			
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53	54	55						56			57			
58				59			60		61			62	63	64
65			66			67	68			69				
70						71				72				
	73						74					75		

- Across**

1 Predicament
5 *1-/9-Across
9 Mutual fund charge
13 Up to it
14 Prefix with plasm
15 2013 Presidential Medal of Freedom recipient
17 Nocturnal critter
18 Source
19 Adams’Nixon in China,” for one
20 Handled vessel
22 Pouches
24 Orch. section
25 Site of unexpected change?
27 Didn’t trick, maybe
29 See 62-Down
32 With 49-Across, bad break ... and what each answer to a starred clue creates vis-à-vis the answers that define it
34 Prayer set to music by Schubert and Gounod
36 Choice to sleep on
40 Diva highlights
41 Distillery founder John
44 “Ray Donovan” star
45 Aptly named bird
47 Italian almond cookies
49 See 32-Across
52 British pen pal’s
- last letter?
53 Part of a Buddhist monk’s ordination
56 Ridge just below the surface
58 “Father of,” in Arabic
59 Identical
61 Place where cheap shots are a good thing
65 Allow to attack
67 Dagwood’s annoying little friend
69 Inflict on
70 1985 Chemistry co-Nobelist Jerome
- Down**

71 “Avatar” race
72 Always
73 “Easy to be Hard” musical
74 *73-/75-Across
75 Business

1 Overdue, as pay
2 Instrument to which an orchestra tunes
3 Bushels
4 Pitchers’ places
5 White-faced cattle breed
6 Roxy Music co-founder
7 Stirr
8 Knish filling
9 Unfastens
10 Up and down, say:
- Abbr.
11 “Give it ____”
12 Puccini’s “Vissi ____”
16 Stern
21 Like “la vida” in a Ricky Martin hit
23 French vineyard
26 Gallic girlfriend
28 Jane Eyre’s charge
29 *1-/53-Down
30 Declare
31 Where to find a hero
33 Play with, in a way
35 Irritates
37 Cheese holder
38 Idée source
39 *16-/64-Down
42 Russia-China border river
43 Numismatist’s find
46 Reliant soul
48 Casting aid
50 Constellation near Scorpius
51 Bind
53 Converse
54 West Indian folk religion
55 ____ Sweet: aspartame
57 Friend of Che
60 Where Goliath was slain
62 With 29-Across, Balkan city on the Danube
63 Rte. through Houston
64 Reactor part
66 Will Smith title role
68 Dill doubled

HNI CEO: No risk, no reward

By Emily.Hammer
@iowastatedaily.com

While professors can offer valuable insight to students, professionals might provide deeper perspectives unavailable in a classroom setting.

Stan Askren, chairman, president and CEO of HNI Corporation, did just that Tuesday afternoon.

Rather than just focusing on his career, however, Askren discussed the lessons he has learned throughout his life and how they shaped him by answering the audience’s questions.

Starting in college, Askren wasn’t sure what he was going to do. He knew he would be in a business sort of setting because of his personal profile and interests, but he changed his majors four or five times before graduating.

“My vision up until my senior year was I was going to get a degree in business and go be a corporate lawyer,” Askren said. “Nobody gave me any advice.”

It wasn’t until an industrial psychologist told Askren he would not do well in law school and it would drive him crazy that Askren began to re-evaluate.

Although he described himself as of “average intelligence,” Askren said he was able to get where he is now because he had enough intelligence to outwork everyone and truly engage.

But he doesn’t believe everyone should work to be where he is. Instead, he told the audience they should focus on being outstanding in life.

“If you want more in your life and your career, make yourself worth more,” Askren said. “I do think you should aspire to make an impact on this world.”

This is the legacy Askren wants to leave. He hopes people will think of him as a man of integrity, finishing strong and engaged.

He told students they should strive to have a purpose, make a difference and live without regret

“Don’t do anything that you’re sorry you did,” Askren said. “Whatever



Katlyn Campbell/Iowa State Daily
Stan Askren, chairman, president and CEO of HNI Corporation, shares his business advice with students Tuesday at the Gerdin Business Building.

you do, do it to make a difference and do it with a passion.”

Askren also admitted that he has had numerous failures, so many that he can’t pick out the biggest one. But this doesn’t deter him, as he believes that failing keeps him in the game.

“There still is a direct correlation between risk and reward,” Askren said. “If you’re not taking a risk, you’re not going to get a reward.”

After graduating college and getting married, Askren and his wife originally decided they would never live in Iowa again.

After living in St. Louis, Kansas City and Orlando, Askren received a job offer in Paris and was ready to move his family to France until he had breakfast

with an HNI higher-up.

This fateful breakfast brought Askren and his family back to Muscatine, as he found that HNI’s culture aligned with his and he would be working for somebody who he respected, trusted and liked.

His advice to students when picking a job was to “Make sure you know what’s true. Make sure you pick what’s important.”

Brenna Johnson, sophomore in marketing and supply chain management, found the lecture interesting.

“I thought it was inspirational,” Johnson said. “He went and really achieved it and reached his goal.”

Askren’s full lecture can be viewed here.

‘Split’: Discussing the stigma

By Anna.Ehlers
@iowastatedaily.com

“Split” was an attractive film starting off 2017 in the box office, but some fear that it might do more than just leave viewers’ heads spinning.

The film has become controversial within the mental illness community in regard to accuracy of the main character’s battle with dissociative identity disorder (DID), according to CNN.

Fewer than two weeks after its release, “Split” has generated about \$46 million at the box office.

Critics have categorized the film as an unexpected comeback for writer and director M. Night Shyamalan. While his previous films were not considered stellar by critics, “Split” has more than left viewers’ minds spinning.

Dr. Garrett Marie Deckel explained the disorder as a coping mechanism

that arises in individuals who have experienced chronic abuse. Those individuals make up 1 percent of Americans. Through “dissociating” parts of themselves from a high stress or agonizing situation, patients can break away from their reality.

Research presented in the 2008 Journal of Nervous and Mental Disease shows that those afflicted with DID are less likely to be violent toward others compared to their likelihood to self-harm.

Iowa State’s National Alliance on Mental Illness (NAMI) chapter president Hannah Nehring has a very different perspective on the media stigmatization of the mentally ill.

Having grown up with a parent suffering from bipolar disorder, Nehring was inspired to engage in conversations related to mental illness.

“I wanted to address this stigma and make a difference in the lives of those who have been affected by mental health conditions — both the

individual and their family members and friends,” Nehring said.

Nehring said she initially thought the horror film’s mentally ill antagonist was “creepy, unpredictable and dangerous.”

She said she understood why the use of a mentally ill character keeps audiences “on guard,” but added that films often unfairly portray the individuals living with mental health conditions.

Nehring added that the films can harm the public’s view of the mentally ill and provoke victims to avoid needed treatment out of fear of judgement.

Nehring also thought the situation was disappointing and looks forward to the upcoming opportunities the film has stimulated to discuss mental illness.

She encourages moviegoers to take the time to do research and realize the inaccuracy of media-generated stereotypes before heading to the theaters.

Horoscopes *by Linda Black*

Today’s Birthday (2/1/17)

Together you accomplish miraculous results this year. Group efforts provide necessary leverage. Assume leadership and inspire others. Romantic (and platonic) partnerships thrive with attention. Your collaboration hits pay dirt after 3/20. A new study phase begins after 4/4. Family finances take priority after 10/13. Your savings grow with clever planning. Participate for what you love.

To get the advantage, check the day’s rating: 10 is the easiest day, 0 the most challenging.

- Aries - 8**
(March 21-April 19)
Opposites attract, big time. Abundance is available, if you work for it. Avoid a conflict of interests at work. Nurture family while expanding your career. One option may require too much time away.
- Libra - 7**
(Sept. 23-Oct. 22)
Today is good for laying low in contemplation. Avoid frivolity and fuss. Do constructive dreaming, picturing a particular job completed perfectly. Talk it over later. Maintain objectivity.
- Taurus - 7**
(April 20-May 20)
It’s getting easier to advance now. Don’t rock the boat, deplete savings or forget a deadline. Be cautious when others get impetuous. An important message arrives from afar. Allow yourself a small treat.
- Scorpio - 7**
(Oct. 23-Nov. 21)
Don’t let an argument among friends slow the action. Calmly stand up for yourself (or another). Let your thoughts settle before blurting out. There may be hidden elements. Reassure the team.
- Gemini - 7**
(May 21-June 20)
Stick with a tough domestic beautification job and see it through. Clean up a mess. Don’t overlook what your partner needs. Consider unspoken desires. Wait to see what develops.
- Sagittarius - 7**
(Nov. 22-Dec. 21)
A new rung on your career ladder looks possible, but may take time to achieve. Go for it, even if you don’t know how. Patiently resolve a communications breakdown. Learn from an expert.
- Cancer - 7**
(June 21-July 22)
Financial messes could get expensive. Hold onto what’s most important. Watch for hidden agendas. Others are encouraging, but don’t launch until you’re ready. Brainstorm with co-workers. Rest later.
- Capricorn - 7**
(Dec. 22-Jan. 19)
Travels could stall over a financial matter. Pad the budget for extra expenses, and spend carefully. Your work assignment is unclear, possibly changing. Protect your reputation by keeping deadlines.
- Leo - 8**
(July 23-Aug. 22)
Cash rolls in. Save more than you spend. You don’t have as much as you’d like yet. Avoid unnecessary quarrels. Present your moneymaking ideas with compassion. Anticipate some disagreement. Entertain.
- Aquarius - 7**
(Jan. 20-Feb. 18)
File papers and double-check reservations and financial statements. Organization saves time later. Venture farther afield, carefully. Your partner may have other plans...
- Virgo - 9**
(Aug. 23-Sept. 22)
Carefully complete your work before deadline. Associates help out. It’s a good time to buy or make objects of art or beauty. You have romantic confidence, but someone else may be shy.
- Pisces - 8**
(Feb. 19-March 20)
Settle into some quiet time with your mate. Brainstorm and speculate different possibilities. Write down the best ideas. List what you would love to learn. They may not want the same things. Compromise.

SCOUTS p3

know who they were” and connected with the parents who were there with their kids.

Because many of the cadets have scout experience, there was a greater interest in the event.

Kelly said that including himself, there are 24 cadets in his class alone who had scout experience.

The scouts learned multiple survival techniques, and they were introduced to Iowa State and the cadets in the Army ROTC program.

The cadets took away real-life applications of the skills they learned.

“Giving the cadets an opportunity, not only to lead, but an opportunity to learn, it really helped build them as cadets in this program,” Kelly said.



Katlyn Campbell/Iowa State Daily
A Boy Scout grabs a jacket from a bucket of clothing at the 30th Winter Survival Training event.

CATTLE p3

farm animals. Cows would consistently run to be loaded onto trucks moving from one farm to the next based on their freedom to roam the open landscape.

Excited about the opportunity to bring Tasmanian beef and the Tasmanian system of beef grading to the Midwest, Block sees the health benefits of the meat as being a high selling point to consumers.

Because the Tasmanian cattle raising system is more consistent and steroids are kept out of the animals’ bodies, consumers can experience benefits such as higher omega-3s present within the beef, Block said.

Because of Block’s ties with the Midwest and having grown up in Iowa his

entire life, he hopes to bring his discoveries to local vendors within the state before venturing toward the coasts.

But because of the higher cost of producing the meat, he sees education as the biggest barrier to entry for Midwestern families purchasing Tasmanian steaks.

“People in the East Coast are clamoring for a product like this because they are so health conscious and it’s already in places like Whole Foods,” Block said. “I feel we have very smart people in Ames, Iowa, so I just need to educate them on the benefits of this beef and we can get something started.”

Part of Block’s educational process hopes to incorporate ear tags found

on cattle in Tasmania. Containing small informational chips within the tags, information such as age, health and location of a cow can be accessed instantly.

Using this provided insight, Block hopes that every family purchasing beef can have peace of mind

knowing when and where their food was packaged.

Eager to get the ball rolling, Block plans to bring his findings to members of the Iowa State agricultural community and eventually bring Tasmanian beef to Iowa market staples such as Hy-Vee.

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Courtesy of Getty Images
While journalists have covered extensively the financial, ethical and political impacts of President Donald Trump's wall, one area that has been overlooked is the environmental impact. Columnist Woodruff argues that the wall would severely limit the mobilization of wildlife in the area.

ENVIRONMENTAL DISASTER

Trump's wall poses serious ramifications for animals in area

By Beth.Woodruff
@iowastatedaily.com

Since President Donald Trump signed an executive order to implement his promised border wall, many questions have come to light. But here's my view: The promised wall clearly and undoubtedly is a financial black hole, an ethical disaster and a political rift.

Because many journalists have covered these three major downsides to the wall extensively, my argument won't go in depth about why these are obvious conundrums.

I will just mention that overgeneralizing and stigmatizing certain races, ethnicities and cultures is never an appropriate stance for anyone, especially a figure of such authority, and that the United States has no jurisdiction to impose financial costs on another country.

This column will focus on an idea of the border wall that has been greatly overlooked: the environmental impacts. The Trump wall would cover sections of the border that George W. Bush's Secure Fence Act did not.

Jesse Lasky, assistant biology professor at Penn State, gave the Washington Post an insight into how the Secure Fence Act impacted wildlife. "At the border wall, people found large mammals confounded and not knowing what to do," Lasky said.

Now imagine a solid wall, not a sectional fence, that is 10 to 20 meters of pure concrete. Simply

put, this will impact wildlife on an even greater scale. This massive wall also will result in an increase in human activity and heavy machinery, which will disorientate animals even further.

Animals' migration patterns will also be brought to a screeching halt because of Trump's wall. Studies found that in 2011, 16 species had already had up to 75 percent of their natural range blocked by man-made border barriers, according to the Washington Post. The wall Trump intends to build would only worsen this problem.

One of the many ramifications of a lack of mobility among animals is a limit on their mating abilities. A restricted gene pool could result in a loss of genetic diversity among the species.

Limited genetics could result in the species becoming more susceptible to diseases, and thus result in a quicker decline in an already stressed population.

Animals' mobility constraints combined with climate change could also pose a life-threatening problem to southern wildlife. With rising temperatures, many animals will need to travel to remain in a comfortable climate, and the wall could greatly hinder their ability to find a new suitable habitat. Without the freedom to move with their preferred climate, many animal populations could decline.

These consequences would have a broad reach in the number of species they affect.

According to the U.S. Fish and Wildlife Service, more than 111 already endangered species and 108 migratory bird species will be affected by the construction and placement of the wall.

Among these species are the lynx, whose population has hit only 20 individuals and is in danger of local extinction, as well as the American jaguar and ocelot, with a southern Texas population of only 50. Iconic plants such as the saguaro cactus also will be affected in their ability to cross borders.

In the past, large, man-made borders have had massive negative impacts on animals, and the Trump wall appears to be no different. In Slovenia, a wall erected in an attempt to stop immigrants from Croatia has entrapped an array of mutilated animals that have been entangled in the razor wire trap.

A similar tragedy happened in Botswana, where a border wall entrapped giraffes, elephants, antelopes and many other creatures. While some may argue that the largest man-made wall, the Great Wall of China, has not affected wildlife in such a negative way, there is an explanation.

The Great Wall of China is in fact many structures, not one singular wall, and parts of the wall are actually mounds of dirt and earth, which this allows for the passage of wildlife.

Because Trump's wall is intended to restrict any passage of humans, it will not accommodate the migration of wildlife. The building of this wall not only will induce panic for humans but also for animals.

The cons of the wall far outweigh the benefits. While the wall has inevitably been set in motion by executive order, the ramifications it will cause, for both humans and the environment, need to be taken into consideration before construction begins.

EDITORIAL



Alec Giljohann/Iowa State Daily
Steven Leath said in a letter Monday that President Donald Trump's immigration ban is impacting three people connected to Iowa State University.

Leath's letter a start but needs more

It took Donald Trump only one week in office to shake the entire country. Trying to show his capability of keeping his promises, Trump rushed to the Oval Office, signing more than a dozen executive orders in his first week.

Some of these orders were more of a statement than an actual policy that could affect the public in a significantly short time. But some other orders were very consequential and impactful.

Perhaps the most controversial act done by the president was signing the executive order to ban the citizens of Libya, Syria, Somalia, Sudan, Iran, Iraq and Yemen from entering the United States, temporarily.

Some people from those countries were already on their way to the United States when the order was signed. More than 10 people were detained at John F. Kennedy airport on Friday, including an Iraqi interpreter who had worked with the U.S. Army for 10 years in Iraq.

Activists, along with hundreds, if not thousands, of others, took to JFK and Dulles airport on Saturday, protesting the ban. The Trump administration claimed that this was not a ban on Muslims; one of the main proposals that Trump had centered his presidential campaign around. But at least in the eyes of those affected by it, the order is nothing but the first step toward a full-scale ban of Muslims entering the United States.

Aside from the legal and political arguments, this act seriously affects thousands of people in the United States, many of whom are green-card holders. It will stop some from visiting their families back home, or traveling outside the country, and stop others from coming back to the United States, where their lives, families and careers are.

Here at Iowa State, students received an email from the ISSO during the weekend asking them not to leave the United States unless it was for imminently necessary reasons. Many universities across the states took the same step and warned their students. On Monday, President Steven Leath released a statement regarding the ban. Some students criticized the language of the letter.

In his letter, Leath stated that the order is impacting three people connected to the school. He said that the administration has "been in touch with each of these individuals with the hope that they will be able to continue their work and studies with Iowa State in the near future."

Aside from these three individuals, many more are impacted by Trump's executive order. The university has taken a step in the right direction by issuing a statement and providing resources through Student Affairs, but we all must continue to stand against the ban and support all of our community members affected by the ban.

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LETTER TO THE EDITOR

Limit victimization in classroom discussions

By Andrew Conway
Freshman in business

I was recently in a political science class when the teacher opened up class discussion on the Muslim ban President Trump implemented.

When the professor said "discussion" I didn't realize he meant for conservative students to test their knowledge against the teacher whose job is to know the specifics on the topic. Being

one of the conservative students who stood up for what I believed in, I was targeted by other students, one after another, with the repetitive narrative that I am a racist and bigot after I supported Trump.

I can only imagine the scene a liberal student would make if they underwent the same scrutiny. This conversation quickly spiraled into many different topics including terrorism and the Benghazi attack.

My professor, the one who

I pay thousands of dollars to educate me, filled my head with absurd ideas. The most shocking was that mowing down over 130 people in a truck is no different than 130 people dying in accidental deaths, supporting his claim with, "What difference does it make how they die?"

I'd like to think that getting in a car accident is different than walking with your child while celebrating the French Independence Day and having their life ended at the hands of terrorism.

He continued to mock a student who brought up the four lives lost in Benghazi. My professor supported himself by saying they could've just as easily hit a deer driving down the road and killed themselves.

No, professor, these men were fighting for you. Thanks to them, you can teach in a safe classroom every day without worrying about being kidnapped and beheaded in a public square.

What difference does it make? Ask their families.

3 takeaways from Iowa State's loss

By Luke.Manderfeld
@iowastatedaily.com

Just two full days after falling to Vanderbilt in the Big 12/SEC Challenge, Iowa State (13-8, 5-4 Big 12) fell to No. 7 West Virginia (18-4, 6-3 Big 12) 85-72 on Tuesday night at Hilton Coliseum. It was the first double-digit loss at home for the Cyclones since Feb. 25, 2013 — a 108-96 defeat to Kansas in overtime.

Here are three takeaways from the game.

Burton's weird stat line

Iowa State forward De-onte Burton has endured an up-and-down season — exceling in some games and collapsing in others.

On Tuesday night, he racked up a double-double, but not in the way that some might expect.

Burton, who usually is a force on the glass, had 11 points and 10 assists to go along with his five rebounds.

The 10 assists marked a career high.

Burton also had five of Iowa State's 16 turnovers, suggesting that the ball went through him for a big chunk of the game.

When asked about it after the game, coach Steve Prohm lumped Burton and guard Nick Weiler-Babb, who had nine points and six rebounds on the night, together. He said both players were intergral in breaking the infamous West Virginia full-court press.

"I thought Babb and De-onte, with the matchups they had, were able to get past their guy," Prohm said. "We've just got to continue to make the right play in this game."

3-point struggles



Iowa State head coach Steve Prohm reacts to a call during Tuesday's game against West Virginia at Hilton Coliseum. After trailing early, the Cyclones lost 85-72. It was their first double-digit loss at home since Feb. 25, 2013, when they lost 108-96 to Kansas in overtime.

While the Mountaineers' bread and butter is to pressure teams into turnovers and score in transition, they found a more impactful way to score Tuesday night.

West Virginia shot 47.6 percent from long range, going 10-for-21 from beyond the arc. And that problem isn't an isolated one.

In Iowa State's loss over the weekend, Vanderbilt shot 43.3 percent from be-

yond the arc.

Prohm said the struggles stem from the team's inability to close out and contest shots.

"We've got to contest," Prohm said. "When you chart this tonight, I bet seven of those 10 threes were uncontested. That's the whole focal point of our defense."

Big game awaits

The schedule won't get any easier for the Cyclones.

Iowa State faces one of its biggest games of the season Saturday, when it will travel to Allen Fieldhouse in Lawrence, Kansas, to take on No. 3 Kansas at 1 p.m.

The game has even bigger implications considering the Cyclones have just two games remaining against ranked teams this season.

And without a big résumé win, that could put Iowa State in limbo come NCAA

Tournament time in March.

"You've just got to prepare the same way," Prohm said. "This league, it gives a lot of opportunities to get good wins. We've got to go on the road. We've played well on the road all season long... It's a tough place to play. It's a place that [Kansas coach Bill Self] has lost nine times, I believe, in his career. It's a great challenge, but it's a great opportunity."

Individual Stats
Matt Thomas: 19 points (6-of-8)
Deonte Burton: 11 points, 5 rebounds, 10 assists
Naz Mitrou-Long: 10 points, 4 rebounds, 2 assists



Iowa State wrestling coach Kevin Jackson said Tuesday that he will step down from his position at the end of the season. The Cyclones own a 1-9 record this season.

Gadson still loyal to Jackson

By Ben.Visser
@iowastatedaily.com

Kyven Gadson, the most recent Iowa State wrestling National Champion, wants the program to return to national prominence.

The once proud program is in the middle of a 1-9 season, and its coach Kevin Jackson said Tuesday that he is stepping down at the end of the season.

"I think [returning the program to prominence] was something that K.J. and his staff worked hard on in trying to accomplish," Gadson said. "I think we all fell short of that goal from year to year."

Gadson had one of the most successful careers of any wrestler under Jack-

son. He won the 2015 NCAA Championships at 197 pounds, was a three-time All-American and a three-time Big 12 Champion.

"I think the whole reason I chose to wrestle for coach Jackson is because I saw him as a man that would help me accomplish my goals and my dreams," Gadson said. "He did his part by coaching me and mentoring me. Basically giving me the opportunity to grow into the young man that I am. I'm very appreciative of coach Jackson and his family and everything they've sacrificed to allow me to be in the position I'm in. Him and his family mean a lot to me."

Iowa State has one of the strongest recruiting classes in its history. And one of the best wrestlers in the class, Austin Gomez, has requested a release

from the school because Jackson won't be the coach.

While Gomez has requested a release, other top-ranked recruits Jarod Verkleeren and Marcus Coleman have remained committed to Iowa State, they announced on Twitter.

As for the current squad, Iowa State All-American Pat Downey has left the door open as to whether or not he'll return.

No matter what, Gadson will remain loyal to Jackson.

"Like coach Jackson said, 'It's time for someone else to take the reigns,'" Gadson said. "If that's what he says needs to happen, then I'm going to support my coach like I have since 2009 when I committed to wrestle for him and the Iowa State Cyclones."

Cyclones focus on transition defense

By Aaron.Marner
@iowastatedaily.com

Expectations for Iowa State's upcoming game against No. 2 Baylor are tempered.

Each of Baylor's past three games have been against ranked teams. It went 3-0 in that stretch with an average margin of victory of more than 27 points.

The only team to have knocked off Baylor (21-1, 10-0 Big 12) this year is undefeated No. 1 UConn.

When Baylor comes to Hilton Coliseum at 7 p.m. Wednesday, the Cyclones will try to end Baylor's 19-game winning streak.

At his weekly press conference Monday, coach Bill Fennelly said he's fully aware of how good Baylor is.

"It is what it is," Fennelly said. "They're playing at a very high level. We'll get two good days of practice in and we'll show up Wednesday night and compete the best we can. We understand what's in front of us."

This will be Iowa State's (12-9, 3-7 Big 12) second crack at knocking off Baylor. In the first game, Iowa State's defense fought to the very end. The Cyclones were able to hold Baylor to just 68 points, Baylor's second lowest scoring total this season.

"I thought we did a pretty good job for the most part of stopping transition," Fennelly said. "That's the No. 1 thing. No. 2, you gotta rebound. Obviously they outrebounded us a lot, but we did a decent job of not giving them a ton of second-chance points."

Baylor had just 14 second-chance points against Iowa State and only managed eight fast-break points.

Because of its size advantage — Baylor's starting



Iowa State redshirt junior Jadda Buckley makes a layup after a fast-break pass against Kansas State on Jan. 21 at Hilton Coliseum.

forward, Kalani Brown, is four inches taller than Iowa State's tallest player — Baylor was able to dominate down low, gaining a 52-10 advantage in points in the paint.

"They do such a good job of running their stuff and they're just so big," Fennelly said.

For Iowa State, the focus is on improving and staying in the fight for the whole game.

"For us, we gotta play at our pace and not their pace," Seanna Johnson said. "They're a team that likes to get up and down the floor really quick, so I think, like we did last time, just slow it down."

In the first matchup, only two Cyclones scored more than five points. Bridget Carleton scored 17 on 6-for-14 shooting, while Jadda Buckley added 15 points on 5-for-13 shoot-

ing.

"They're big, but it helps that we already played them once this year, so we kinda know what to expect going into it," Buckley said. "Having that one game under our belt is going to be nice going into practice because our scout team can't exactly simulate them to their size and their abilities."

This Baylor team is probably one of the best teams Baylor has had, Fennelly said. That includes their 2012 national championship team. Because of that, Fennelly said, Iowa State can't worry about matching up with Baylor's personnel.

"Lauren Cox was the No. 1 high school player in the country, [and she's] coming off the bench," Fennelly said. "You can't worry about personnel as much as you do what you can control."

WHAT TO WEAR TO A CAREER FAIR

A pair of dark grey trousers with a belt, shown from the side. The trousers have a straight leg and a small pocket on the side.

Taren Crow, director of career services in the College of Liberal Arts and Sciences, said “business casual to business professional”

Employers pay more attention to students who look “talented, capable, goal-oriented and motivated” and that “students’ dress at these events just helps them communicate that that’s who and what they are,” said Mark Peterson, director of graduate business career services.



Keeping in mind that there are stairs and a lot of walking is important, because if something doesn't fit right, students won't feel comfortable.



It's important that students show that they put some thought into their appearances and avoid going to the fair in loungewear. Attend-

Women are advised to keep accessories and makeup to a minimum. For both men and women nails should be clean and an appropriate length, tattoos should be covered and facial piercings should be removed, Ramirez said.



Students can email her pictures of outfits for a career fair to get her input.



Despite the flexibility and variation in the workplace, when it comes to apparel for a career fair, Atilano said, "No matter what ... dress up and dress professionally."

"I stress with [graduate] students that expectations are especially higher for them, just because it is an advanced business degree, and employers absolutely expect that they take events like this seriously," Peterson said. "My advice is true for all students going to the event. You only have two career fairs over the course of the year here at Iowa State; one in the spring, one in the fall, and they're very big, very well-attended, very highly-regarded career fairs."



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ASSAULT p3

fast or as slow as they feel fit. But because of police involvement, names of perpetrators must be reported to the university, but do not have to be publicly disclosed if the victim does not want to press charges.

This aspect also plays into the circumstances that surround an assault case. Because of the large amount of enforcement on college campuses involving drugs and alcohol, students may feel that a report will land them in jail if these substances were available at the time of the assault.

But Greiter hopes that this large barrier to reporting will not sway students from telling their stories if ready.

“Because we deal with alcohol consumption enforcement on campus, a victim might think, ‘Well, I was drinking so it’s my fault’ or ‘I shouldn’t have been doing that,’” Greiter said. “Not only do they have no bearing on what someone chose to do to you, but they provide more evidence against the perpetrator.”

Initially uncomfortable with the idea of speaking to police, Mayland eventually found that their company provided valuable comfort.

“I was very uncomfortable during the talk with police, but I knew it was information they had to ask and would help,” Mayland said. “I ended up just driving around in an officer’s car talking, and that was surprisingly relaxing.”

Stating that students who are affected by sexual assaults often have difficulties remembering the attack, Greiter pointed to the many services offered by SART that are specifically designed to not only help perpetrator prosecution if requested but also provide a shoulder to lean on.

Steffani Simbric, SART coordinator for Story County, praised the extensive training received by all SART partners, including trained specialists who help gain information when a victim may feel powerless.

“We work to prove cases and not to disprove cases, and that’s where a lot of police departments who are trained go wrong,” Simbric said.

Tying into the ISU Police Department’s “Start by Believing” campaign, which encourages believing accusations instead of falsifying them, officers can work to help victims remember what they wish during a time of trauma.

This, along with free counseling, emboldens those who choose to speak out and offers them a chance to have a per-



Jen Hao Wong/Iowa State Daily
Mary Greeley Medical Center is one place where students can go to report a sexual assault and receive medical attention. The Story County Sexual Assault Response Team will meet sexual assault survivors there to offer services and give them the opportunity to be involved in an investigation.

sonal connection with a member of the community who can help during the coping process.

Given that evidence of a sexual assault can remain usable even after a full 24 hours after the attack, victims can take part in free medical exams and medication provided by the Iowa Sexual Assault Examination Payment Program.

Provided by the Thielen, Story County and Mary Greeley health centers, STD examinations and evidence kits are provided without charging a victim’s insurance company. Female patients can also be tested for pregnancy and be prescribed plan B medication if requested.

“We can create a record of the patient, which can be used in a court if a victim chooses to go down that road,” said Mary Raman, women’s health nurse practitioner at the Thielen Health Center. “Often we can get critical evidence for a case if a patient chooses to be examined and that’s often a big part of what we do.”

With several cases of campus sexual

assault becoming more widely televised and talked about via mainstream media, ACCESS Campus Prevention and Outreach advocate Lori Allen sees hope for the current generation of young people to increase assault awareness.

“You’re seeing this generation begin to stray from typical gender binary rules, such as the dad being the breadwinner, and when you tear down those biases, you can begin to have conversations about sexuality more openly,” Allen said.

Allen cites the education of young people, particularly as college students, as the most important time to teach what acceptable sexual behavior looks like.

“Even if it is a first encounter, there should be enough communication to realize if both parties are in equal enjoyment,” Allen said. “If that isn’t the case, it shouldn’t be taken as an insult but should indicate that things shouldn’t escalate.”

As Mayland reflected on her own experience, she wanted to ensure that her perpetrator could still live out his life despite

what he took from her.

“I didn’t want to ruin his life,” Mayland said. “He had a family that still loved him, he made a horrible decision, but I didn’t want it to be over for him.”

Sitting with her best friend the night of the encounter, unable to make a coherent decision on what she should do further, Mayland saw the impact of a strong support team.

“I’m happy right now in where both of our lives are at the moment,” Mayland said. “For me, it was a faster process because I’m resilient and I had that group of friends, family and my church. But for someone who doesn’t have those resources, the outcome may be different and take much longer.”

She hopes that students and the university will focus on education first, as the more open the public is to discussion, the further awareness can be taken.

“It all starts with education. If teens are having sex as early as 13, it can’t be too early,” Mayland said.

DIVERSITY p1

“Iowa State is a community of 36,000 students,” Williams said. “Where is a better place to start then here?”

Before the interaction began, Lee said we all think we are multicultural, when we are all multiracial, because multicultural actually means getting to know one another.

During the session, everyone was able to meet someone they had never met before,

someone who had experiences and perspectives completely different than their own.

They were able to learn their partner’s name, ethnicity and something they could not physically see.

Wah tied the activity into a lesson on the issues that come from snap judgments strictly based on appearance and first impressions.

“Assumptions can get you killed or decide whether you get a promotion,” he said. “Don’t you think it’s time to talk about our

assumptions?”

He spoke of how, at the state the country is in, people can move forward in regard to race. The session left Iowa State students, faculty and staff who attended reflecting on these concepts.

“Seeing different perspectives made us realize many times we only see through our own lens,” said Jesus Lizarraga, assistant director of admissions recruitment for under-represented populations.

He went on to say that Iowa State University is known to be predominantly white and we could be doing more to recruit and retain more staff and students from more diverse backgrounds.

“As a minority at Iowa State University, I don’t feel there [are] many people like me, but this definitely influenced me to be aware of my surroundings and be careful in what I say when I speak to individuals,” Atakilti Berhe, senior in biological systems engineering, said.

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